

TRANSITIONS

For Young Adults



Co-Ed Ages 18 and 26

PWFC's Young Adults Group is for individuals who have entered young adulthood. Groups cover a wide range of topics including: Self-Esteem, Depression, Anxiety, Building Peer Relationships, Job Preparation and Application, Familial Relationships and College Preparation

Self-Esteem, Depression and Anxiety, Building Peer Relationships, Job Preparation and Application, Familial Relationships, College Preparation, Assertiveness, Coping Skills, and more.

Every Monday Evening at 7:00pm

Prince William Family Counseling
8140 Ashton Avenue, Suite 200
Manassas, VA. 20109

For Intakes Call
703-330-9933